

|| Jai Sri Gurudev ||

Sri Adichunchanagiri Shikshana Trust ®

SJB Institute of Technology

(Affiliated to Visvesvaraya Technological University, Belagavi, Approved by AICTE - New Delhi)

No. 67, BGS Health & Education City, Dr. Vishnuvardhan Road,
Kengeri, Bengaluru - 560 060



Department of Physical Education & Sports

**2025-26 Sports
Report**



A brief report on Department of Physical Education & Sports for the academic Year 2025-26

The College Men & Women teams are participated at various VTU Inter Collegiate Bangalore South Division, VTU State Level, ACU & Private Tournaments for the Year 2025-26

SJBIT Athletic & Game teams are participated at BGS-Kreedotsava - 2025 organized by Sri Adichunchanagiri Mahasamsthana Mutt Nagamangala on 7th & 8th March 2025



List of Winners

Anagha I V – VI Sem ISE - 100 Mts & 4 X 100 Mts Relay – Gold Medal

Spoorthi S P – VI Sem ISE – 4 X 100 Mts Relay – Gold Medal

Vaishnavi M S – VI Sem ISE – 4 X 100 Mts Relay – Gold Medal

Shraddha N – VI Sem ISE – 4 X 100 Mts Relay – Gold Medal

Sakshi B K – II Sem CSE-DS – Discus Throw – Silver Medal

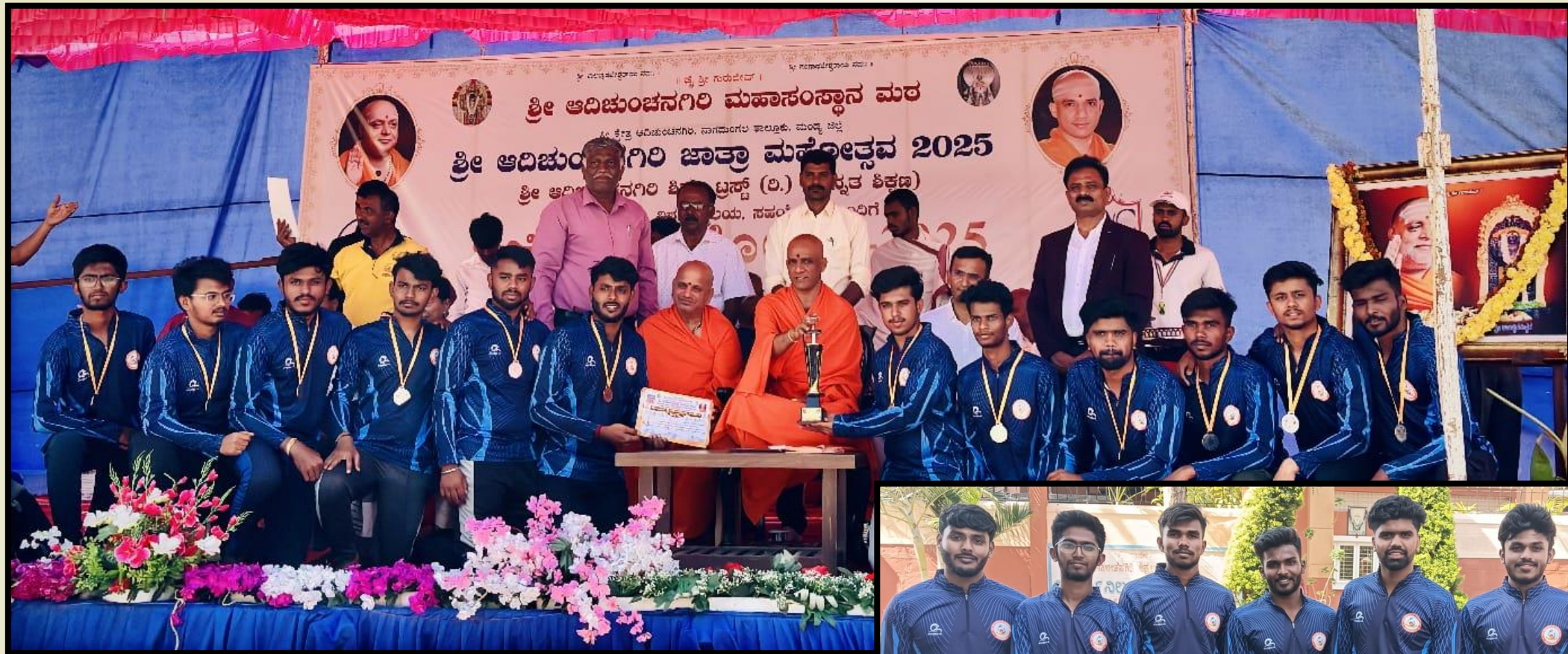
Shraddha N – VI Sem ISE – 400 Mts – Silver Medal

Chithra - VI Sem CSE-DS – 400 Mts – Bronze Medal

Shivaprasad M – II Sem ECE – Chess – Silver Medal

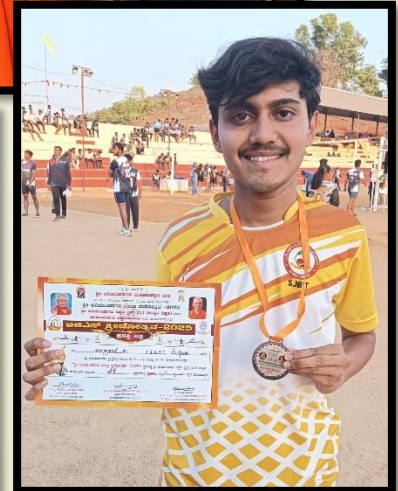
Kabaddi Men Team- Silver Medal





Kabaddi Men Team- Silver Medal





Pujya Swamiji With Medal Winners





Athletic Men & Women team participated at VTU's 26th Inter Collegiate State Level Athletic Meet -2025 held at JNNCE, Shivamogga from 15th to 18th March, 2025





Cultural Men & Women team (41-Members) participated at VTU's 24th State Level Inter Collegiate Youth Festival INTERACT-2024 held at GAT, Bengaluru from 24th to 27th March, 2025





**Foot ball Men team participated at VTU Inter-Collegiate
Bangalore South Division Foot ball Tournament -2025 held
at T John IT, Bangalore on 2nd & 3rd April, 2025**



**Kabaddi Men team participated at VTU Inter-Collegiate
Bangalore South Division Kabaddi Tournament -2025
held at DSCE, Bangalore on 11th & 12th April, 2025
- Team Reached Semifinals**



**Cricket Men team participated at VTU Inter-Collegiate
Bangalore South Division Cricket Tournament -2025 held at
DBIT, Bangalore on 3rd April, 2025**



Volley ball Men team participated at VTU Inter-Collegiate Bangalore South Division Volley ball Tournament -2025 held at SJBIT, Bangalore on 22nd & 23rd April, 2025 - Team Reached Semifinals



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Department of Physical Education & Sports

Hearty Welcome

**VTU Inter- Collegiate Bengaluru
South Division Volleyball (Men)
Tournament 2025-26**

Date: 22nd & 23rd April 2025

Venue: SJBIT Volleyball Court

Best Wishes for all the Participants



Chief Guest
Dr. M.H. Kumara,
Retired SAI
Volleyball Coach





The Department of Physical Education and Sports successfully organized the VTU Bangalore South Division Volleyball Men's Tournament on 22nd and 23rd April 2025. The tournament was inaugurated by Dr. M.H. Kumara, Retired SAI Volleyball Coach. Dr. Puttaraju, Academic Director, and Dr. K.V. Mahendra Prashanth, Principal, SJBIT, were also present and graced the occasion with their support and encouragement. A total of 18 teams participated in the tournament. The SJBIT Volleyball Team delivered an impressive performance and reached the semi-finals. The final match took place between Dayananda Sagar College of Engineering and RV College of Engineering, Bangalore. After an intense battle on the court, RV College of Engineering, Bangalore emerged as the champions of the tournament. The Department of Physical Education and Sports extends its sincere gratitude to the Management, Academic Director, Principal, Deans, HoDs, and all Sports Committee Members for their unwavering support in making this event a grand success.



Hand ball Men team participated at VTU Inter-Collegiate Bangalore South Division Hand ball Tournament -2025 held at DSCE, Bangalore on 11th & 12th April, 2025

Volley ball Women team participated at VTU Inter-Collegiate Bangalore South Division Volley ball Tournament -2025 held at RRCE, Bangalore on 28th & 29th April, 2025





**SJBIT Ball Badminton Men Team
Emerged as a “Champions” at
VTU Bangalore Division Ball
Badminton Men Tournament
2025 held at KIT, Tiptur on 6th
& 7th May 2025**



SJBIT Ball Badminton Men Team **Runners-up** at VTU State Level Ball Badminton Men Tournament 2025 held at RIT, Hassan on 11th & 12th June 2025

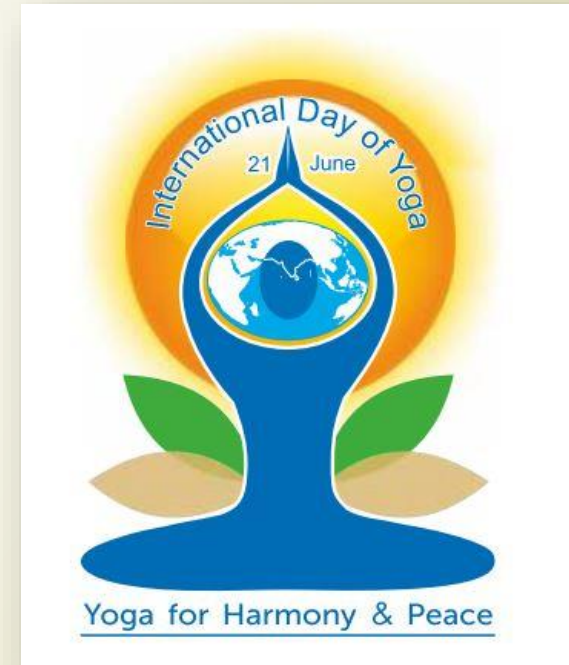


11th International Day of Yoga Celebration



BGS & SJB Group of Institutions & Hospitals celebrated the **BGS YOGA SANGAMA** and 11th INTERNATIONAL DAY OF YOGA programme on 21st June 2025. It was an eventful and magnificent morning as over 3000 participants from all BGS & SJB group of Institutions across Bangalore gathered to perform yoga at the BGS & SJB Cricket ground, BGS Health & education city, Uttarahalli road, Kengeri, Bangalore. The occasion was graced by

- **Sri Sri Sri Dr.Nirmalanandanatha Maha Swamiji**
- **Sri Sri Dr. Prakashnath Swamiji**
- **Hon'ble Justice Shri Gopal Gowda, Retired Supreme Court Judge**
- **Dr. Ahalya Sharma, VC, Karnataka Samskrit University**
- **Yoga Vidvan Rama Seshaiah Anna**
- **Dr. Yogi Devraj, President of Yoga University of Americas**
- **Wanitha Ashok, Fit India Ambassador, Author, Fitness Coach**
- **Miss. Nikita, Cine Actress**
- **Mrs. Shilpa.M, Yoga Teacher, Nithya Nuthana Yoga Foundation**
- **Sri Sulappagiri Suman, Yoga Teacher, Aadhyantha Yoga Studio**



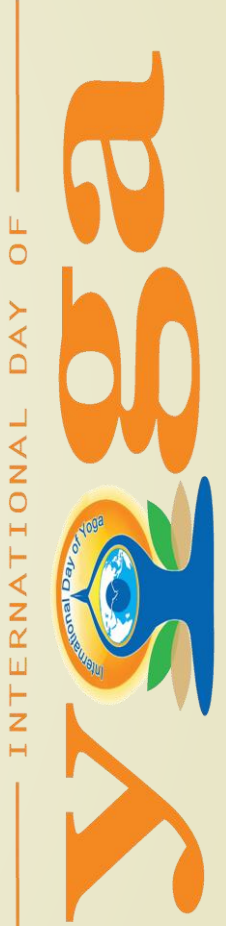
The International Yoga day celebration was inaugurated by lighting the lamp and offering floral tribute to His Divine Soul, Jagadguru Padmabhushan Sri Sri Sri Dr. Balagangadharanatha Maha Swamiji by His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Maha Swamiji, Revered Sri Sri Prakashnatha Swamiji and guests. The Yoga session commenced with OM chanting & The session concluded with the Ashirvachana and shloka chanting by Sri Sri Sri Dr Nirmalanadanatha Maha Swamiji. The event was conducted at the BGS-SJB-Cricket Ground in a sprawling green lawn open space of 5 acres. with the theme “Yoga for One Earth, One Health” — a powerful reminder, that the well-being of humanity, is deeply connected to the health of our planet.

Government of Karnataka has initiated Yoga Dhanush, symbolizing strength and direction, aims to empower individuals with tools of resilience and discipline through yoga.

Together, these initiatives highlight yoga’s timeless wisdom — nurturing personal health while inspiring collective responsibility for a greener, healthier Earth.

To draw the curtains, the National Anthem was played which instilled a sense of National Pride in all of the participants.

Overall, the programme concluded on a positive note, with many participants feeling enthused and wanting to practice Yoga to better their health and lifestyle.





11th International Day of Yoga Celebration - 2025





BGS YOGA SANGAMA-2025

11th International Day of Yoga Celebration - 2025



INTERNATIONAL DAY OF



